

confidence
clarity
purpose
impact
growth
guidance
better pay



INSPIRE TO EXCEL

CAREER SERVICES

Empowering women to achieve *authentic* success™

Career Alignment Self-Assessment

Instructions:

Rate each statement on a scale of 1-5, with 1 being "Strongly Disagree" and 5 being "Strongly Agree."

Statements	1	2	3	4	5
My current work aligns with my core values and beliefs.					
I feel energized and motivated by my day-to-day work tasks.					
My job allows me to utilize my unique strengths and skills.					
I feel a strong sense of purpose in my current career.					
My work contributes positively to causes I care about.					
I am able to maintain a healthy work-life balance.					
My career supports my personal growth and development.					
I feel appreciated and valued in my current work environment.					
My work challenges me in ways that lead to growth and mastery.					
I can envision a fulfilling future in my current career path.					

Scoring

- **40-50: High career alignment.** Your current career seems to be a strong fit with your values, strengths, and goals. Continue to grow and find ways to amplify your impact.
- **30-39: Moderate career alignment.** While there are areas of alignment, there may also be opportunities to better harmonize your career with your authentic self. Reflect on areas for improvement.
- **10-29: Low career alignment.** Your current career may not be fully leveraging your strengths or aligning with your values. It might be time to consider a change to achieve more meaningful work and authentic success.

Next steps

Reflect on your results and areas you rated 1 or 2. What changes could help you achieve greater alignment? Consider investing in coaching or resources to guide your career evolution or transformation.

Ready to take action towards a career that aligns with your authentic self? Explore our career coaching programs at <https://www.inspiretoexcel.com/services>. **Let's get growing!**